

JULIA PARVIA

EXPERT MIDWIFE WITNESS

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Professional Education

- 2018** Professional Midwifery Advocate Level 7, Northumbria University
- 2016** MSc Midwifery, Northumbria University
- 2005** BSc Midwifery, Northumbria University
- 2003** Dip Nursing, Northumbria University

Professional Experience

I qualified as a Registered Nurse in 2003 and as a Midwife in 2005. Since then, I have gained extensive experience across all areas of midwifery, including antenatal, intrapartum, and postnatal care. I currently work as a Band 6 Senior Midwife, rotating across high-risk labour wards, low-risk birthing centres, antenatal assessment units, postnatal wards, and community settings.

My clinical competencies include high-risk CTG interpretation, escalation protocols, oxytocin administration, and advanced perineal suturing. I am also trained in the newborn physical examination. In the community, I provide antenatal and postnatal care through clinics and home visits, conducting maternal and fetal assessments, identifying risk factors, and making appropriate referrals.

I have previously held a full caseload, managing care from booking through to delivery, including home births. This involved intrapartum care in the home setting, monitoring maternal and fetal wellbeing, and responding promptly to deviations from the norm. I have also worked as a Band 7 Senior Midwife on a midwifery-led unit, where I managed a team and was responsible for the safe delivery of care. I have significant experience in safeguarding and managing complex social and cultural caseloads. I regularly support junior colleagues and students, providing structured feedback and promoting clinical development. I was formerly a Supervisor of Midwives.

Professional Development

Throughout my career, I have maintained a strong focus on education and leadership. I am a senior assessor for student midwives and a preceptor for newly qualified staff, supporting their transition into practice. I have led service improvements and contributed to the development of clinical guidelines and training initiatives.

My leadership experience includes managing multidisciplinary teams, coordinating care delivery, and ensuring compliance with clinical governance standards. I have also participated in quality assurance processes and incident reviews, contributing to service learning and improvement.

Medico-Legal Experience

I accept instructions from both claimant and defendant solicitors and insurers. I have undergone formal training in the medico-legal process and am fully aware of my responsibilities under Civil Procedure Rules (CPR) pertaining to expert witnesses.

I have in-depth knowledge of NHS Resolution Early Notification Scheme (ENS) and I deliver training on this subject to expert midwives at Somek & Associates. I have given oral evidence as an expert witness at Coroners Inquest and Fitness to Practice hearings.

Professional Affiliations

- Nursing and Midwifery Council (NMC Registered)
- Royal College of Midwives
- Expert Witness Institute (Full Member)
- Bond Solon Certified

Employment History

Senior Midwife (Band 6)

Newcastle Upon Tyne Hospitals Trust, Royal Victoria Infirmary

October 2023 – Present

Rotating across Midwifery Led Unit, Labour Ward, Antenatal Maternity Assessment Unit, Postnatal Ward, and Community settings. Clinical responsibilities include triage and assessment of antenatal women, high-risk CTG interpretation, induction of labour care, maternal and fetal monitoring, extensive suturing, home birth care, and newborn infant physical examinations (NIPE trained). Leadership duties include managing midwifery teams, liaising with obstetricians on guidelines, and maintaining high documentation standards.

Associate Trainer

Somek & Associates

March 2022 – Present

Training new experts in medico-legal practice. Facilitating training for expert midwives specifically in ENS (Early Notification Scheme) cases. Delivering client presentations on various midwifery topics.

Senior Midwife (Band 6)

Newcastle Upon Tyne Hospitals Trust, Royal Victoria Infirmary

March 2021 – October 2023

Midwifery Led Unit and Community Midwife role. Full scope of antenatal, intrapartum, and postnatal care responsibilities with team management duties.

Senior Midwife (Band 7) – 12-month Secondment

Newcastle Upon Tyne Hospitals Trust, Royal Victoria Infirmary

November 2019 – March 2021

Integrated midwife role with enhanced leadership responsibilities including team management, guideline development liaison with obstetricians and managers.

Senior Community Midwife (Band 6)

Newcastle Upon Tyne Hospitals Trust, Royal Victoria Infirmary

June 2011 – November 2019

Integrated community midwife providing comprehensive antenatal and postnatal care in clinic and home settings.

Midwife (Band 5 progressing to Band 6)

Queen Elizabeth Hospital Trust

September 2004 – June 2011

Hospital and community midwifery.

Staff Nurse (Band 5)

North Tyneside Hospital

September 2002 – March 2004

Continuing Professional Development

Clinical Training

2024–2025 Fetal Monitoring Training, Clinical Skills and Public Health – Newcastle Upon Tyne Hospitals Trust

2022 K2 Perinatal Training Programme for Midwives – Newcastle Upon Tyne Hospitals Trust

2019–2023 Annual Clinical Skills and Public Health updates – Newcastle Upon Tyne Hospitals Trust

Medico-Legal Training

2025 Bond Solon Conference; Somek & Associates Annual Conference

2024 MNSI Report Update for Expert Witness Reports; Liability: LSR New Template; HSIB Maternity Investigations (APIL)

2023 Professional Regulation – Fitness to Practice (Capsticks); Report Writing Skills; Expert Meetings and Joint Statements

2022 NHS Resolution Early Notification Scheme Second Report Webinar

2020 Courtroom Skills (Bond Solon); Writing Professional Regulation Reports and FTP Evidence; ENS Training

2019 Writing Expert Liability Reports Level 1; The Role of the Expert Witness & CPR – Somek & Associates